



## **PALOS POWER GIRLS SOFTBALL - 2024 'In-House' SEASON**

**Participants:** Girls ages 5-14 in five divisions [Bitty (5-6 year olds), 8U, 10U, 12U, 14U]. Division determined by age as of 12/31/2023.

**Dates:** April 13 - April 26 (pre-season practices: 1-3 practices per week). April 27 - June 29 (game season: 12-14 games, including playoffs in the 10U-14U divisions only. To focus the 8U division on learning and player development there are no playoffs in 8U).

- Bitty division will play 7 games on consecutive Saturdays, starting May 4<sup>th</sup>.
- Due to the high school softball season the 14U division game season is May 28 - July 20 (practices will start mid-May).

In Bitty, 8U, and 10U, rainouts will not be rescheduled unless there is a substantial imbalance in games played by teams within division. No games Memorial Day weekend.

**Registration:** January 15 - March 10. Online only - please visit [www.palospowersoftball.com](http://www.palospowersoftball.com) and select the '2024 Registration' tab. **Space is limited.**

**Uniforms:** Uniform sizing charts available on our website under the '2024 Registration' tab. Please select the appropriate size pant and jersey (including preferred number) during the online registration process. If you would like to be fitted for a uniform, please come to an optional fitting day at the Palos Heights Rec Center on Sunday, March 10<sup>th</sup> any time between noon - 3pm. Fitting sizes can be updated prior to the last day of registration, so please register early and Power will update your sizes at the fitting.

**Fees:** \$125 for Bitty and \$225 for all other divisions.

**Location:** Practices located throughout local fields. All Bitty, 8U, and 10U games are played at the POWER fields at Community Park or Meyers Park (Rec Center) in Palos Heights. 12U and 14U divisions participate in the Southwest Interleague ("SWI"), a league comprised of recreational teams from nearby towns. All 12U and 14U home games will be played at the POWER fields and away games played on fields in other participating towns.

**Coaches NEEDED:** All parent volunteers. Email [info@palospowersoftball.com](mailto:info@palospowersoftball.com) if interested.

You do NOT need to be a resident of Palos to join! POWER Softball consists of families from many surrounding areas. POWER is an instructional softball program that is designed to teach the fundamentals of softball while having fun playing with and against girls in the community.

Questions, please contact us [info@palospowersoftball.com](mailto:info@palospowersoftball.com)  
[www.palospowersoftball.com](http://www.palospowersoftball.com)